

## GATEWAY MILERS CLUB MEETING MINUTES May 8, 2018

gatewaymilers@gmail.com

website: gatewaymilers.org

**President: Bill Badger**

**Vice-President: Rosalie Maul**

**Treasurer: Cindy Stucky**

**Secretary: Lois La Fleur - fleurs1106@gmail.com**

**Directors: Deb Kruep, Ann Mattingly, and Paul Gorom**

**Members:** We have 86 club members!

**Treasurer:** We have a balance of: \$10,648.05. Two thousand dollars is being held for the Ireland Trip and \$985 for the Kansas City trip we have coming up. Our club president mentioned that we are coming up to the end of the fiscal year. Cindy stated the club directors will meet in August to go over the club's financial accounts.

**Door Prize for Mid-American Conference:** The club voted to donate \$50 towards a door prize. Lois is buying two \$25 restaurant gift cards and will mail to the POC collecting the door prizes.

### **Reports for Recent Walks:**

**Jefferson City Walk:** We had 23 walkers with 6 of them being new walkers. The prison tour was great with our tour guide full of wonderful history about Jefferson City and the Prison. It was a hot day and we all thought a few extra hills must have been added to the 5K and 10K walks. With all our walking that gave us a good reason to stop and enjoy the ice cream. A thank you to Deb for planning the trip for all of us.

**Girl Scout Master Program:** Deb Kruep has been the POC for the Girl Scout program with Lois LaFleur assisting. Deb wants to pass on the program to someone else. Deb sent Lois all the steps required for the Master Program. If you are interested in taking over the Girl Scout Master Program please let Lois know. We would need to start working on the steps by mid-June. We start the Girl Scout walks, mandatory 6 walks plus some make up walks, in the fall and to early spring. Below is the tentative walk schedule:

Sep 22<sup>nd</sup> – O'Fallon YRE Breakfast in a Bag

Oct 4<sup>th</sup> – Belleville YRE 6:30pm evening walk with Ice Cream

Oct 13<sup>th</sup> – Pere Marquette (neither Deb or Cindy would be here so someone would need to take this one)

Nov 10<sup>th</sup> – Mastadon State Historic Site (ACE Guided Event) - The Girl Scout Walk Together would be held here.

Feb 2019 – Belleville Mardi Gras Walk

**Proposed bike YRE O'Fallon to Maryville:** Lois LaFleur is the POC for this new event. The bike trail is almost finished. Once the trail is completed she will measure out the 10K and 20K route. The start/finish/point in O'Fallon will be the Bike Surgeon shop in downtown O'Fallon.

**Katy Bike Trail Event** – 23 June starting in St. Charles. Registration is at 8:45 with the ride starting at 9 a.m. For more information check out the Miler Messenger.

### **Updates on Upcoming Walks and Adventures:**

- The members at the meeting had a discussion about promoting our walks and looking at ways to include everyone at the walk. Even though our Traditional and YRE walks are “go at your own pace” we want to ensure our walkers, especially our new walkers, understand our program and have someone to walk with. We've had club members who have been so helpful in guiding 5K and 10K walks and speeding up or slowing down to stay with walkers. I know our walkers have been so appreciative in meeting new friends.
- **May 19<sup>th</sup>, Maplewood MO:** POCs: Cindy and Tom Stucky- We look forward to walking this new walk.
- **Jun 16<sup>th</sup>, Schorr Lake Vineyards Waterloo:** POC Carol Reznicek - Carol has gone out several times to the winery to finalize the event. We are having a lunch if you want to stay and visit with us for awhile.
- **July 14<sup>th</sup>,** we have decided to not have a Traditional walk on that day (we will do a YRE walk that day).
- **Aug 25-26<sup>th</sup>** – The Windy City Walking club is having a walk in Ottawa. One of our members is also a member of that club. We are looking at a possible trip to Starved Rock and then do the walk in Ottawa.

- **Oct 13<sup>th</sup>, Pere Marquette** POCs: Bill and Linda Badger – We are being positive for great weather since the last time there was lots of rain. Route is all set we are just eager to get there.
- **Oct 27-29 Mid-America Conference Dundee MI** – A great event to meet other walker from the Mid-America Region (MI, IL, IN, OH, and KY). All walkers are welcomed to the conference and do the walks. It is a lot of fun to meet so many new walkers. There is a need for volunteers to oversee several committees.
- **Dec Activity?** – We discussed having a Holiday Gathering walk and maybe even adding a Bunco event. More to follow on this.
- \*\* Possible other walks:

### **Year Round Events (YREs):**

- Oakland Historic District-Belleville POC: Rosalie Maul –Belleville Downtown YMCA
- Edwardsville POCs: Linda and Bill Badger; O’Fallon IL POC: Lois La Fleur; Katy Bike Trail; POCs: Debra Kruep and Missy McBride; and University City MO POCs: DeAnne and Gordon Brown
- All YREs are listed on the AVA website under the Event section.

### **2018 and 2019 additional event discussion:**

- Late Jan/Early Feb - Mardi Gras walk in Belleville IL
- May 18, 2019 - Cliff Cave County Park Walk St. Louis MO –

**Saturday Walks for Gateway Milers on nontraditional walk Saturdays** – Starting Jun 2nd our walk show time and head out time will change due to the heat of the summer. Our new show time is: 9 a.m. and we will head out on the walk at 9:15 a.m.

### **ITEMS FROM THE FLOOR:**

- The club is building their 2019 walk schedule. We love having new ideas for walks in areas we’ve never had an event. Please send all ideas to: gatewaymilers@gmail.com

**The club didn’t vote on an item from our March meeting.** The item is doing Wild Walking Wednesdays for Spring and Summer: We discussed adding these walks but would like some more information from Deb Kruep before we decide. These walks would fit under a new AVA program called ACE Awards/Walks. These are not IVV sanctioned but are AVA sanctioned events but we do pay AVA \$30 to put on less than 30 walks in a quarter. These can be free but they must be conducted Monday to Friday. We will add this item to our next meeting in July.

**NEXT MEETING:** Our next meeting is **Jul 10th at Fortel’s Pizza Restaurant**. Meet at 6:15 if you would like to order food. Meeting will start at 6:30pm.

Lois La Fleur  
Gateway Milers Secretary